







FREE COMMUNITY EVENT ✓ TRAINERS
BEFORE
TYRES ✓

VISIT, WALK OR RUN THE NEW ROAD

**6:30pm** Family Fun – Games and Bouncy Castles

7:00pm Road opening, Fun Walk & Run

7:40pm Ballymena Runners Golden Mile (over 14)

Scan the QR code to register for Ballymena Runners Golden Mile

























**DIRECTIONS TO BALLYMENA SHOWGROUNDS** 

## **EVENT SCHEDULE**

**6.00pm** Gates Open

**6.30pm** Family Fun – Games and Bouncy Castles

6.45pm Warm up to music

**7.00pm** Official Road Opening & start of Fun Walk & Run

**7.10pm** Registration for Golden Mile closes

7.40pm Ballymena Runners Golden Mile









Local, all ability running club, meets every Monday and Wednesday

FREE weekly 5k Walk and Run, 9:30 every Saturday, Ecos

Supported by:











