



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK 1

BALLYKEEL NURSERY MENU
WEEK COMMENCING
20th NOVEMBER 2023
£2.50 PER DAY

MONDAY

MAIN COURSES

Savoury Mince

SIDES

Baton Carrot
Side Salad

Mashed Potatoes

White Bread

DESSERT

Banana Yoghurt Pot

TUESDAY

MAIN COURSES

Classic Margherita Pizza

SIDES

Baked Beans
Salad / Coleslaw

Chipped Potatoes
Baked Potato

Garlic Bread Slice

DESSERT

Strawberry Mousse
& Fruit

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Steamed Rice

SIDES

Garden Peas
Sweetcorn

Steamed Rice
Oven Baked Wedges

Garlic & Coriander Naan

DESSERT

Chocolate Sponge
& Custard

THURSDAY

MAIN COURSES

Roast Beef with
Stuffing & Gravy

SIDES

Carrots & Parsnip
Savoy Cabbage

Mashed Potatoes
Oven Roast Potato

Wholemeal Bread

DESSERT

Strawberry Jelly,
Ice Cream & Fruit

FRIDAY

MAIN COURSES

Hot Dog

SIDES

Tomato Ketchup
Coleslaw / Salad

Chipped Potatoes
Baked Potato

Sliced Baguette

DESSERT

Fresh Fruit Pot
& Popcorn Cookie



EAT SMART WITH THE LUNCH BUNCH

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WEEK 2

BALLYKEEL NURSERY MENU

WEEK COMMENCING:

27th NOVEMBER 2023

£2.50 PER DAY

MONDAY

MAIN COURSES

Sausage Roll

SIDES

Spaghetti Hoops
Garden Peas

Chipped Potatoes
Steamed Rice

Wholemeal Bread

DESSERT

Ice Cream, Chocolate
Sauce and Sliced
Pears

TUESDAY

MAIN COURSES

Pasta Bolognese

SIDES

Sweetcorn & Peppers
Salad

Oven Roasted Potato
Wedges

Garlic Bread Slice

DESSERT

Zesty Orange Sponge
& Custard

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Steamed Rice

SIDES

Garden Peas

Steamed Rice

Naan Bread

DESSERT

Fresh Fruit Salad and
Yoghurt

THURSDAY

MAIN COURSES

Roast Pork Loin with
Stuffing & Gravy

SIDES

Cauliflower , Broccoli
& Carrots

Mashed Potatoes
Oven Roasted Potato

White Bread

DESSERT

Blueberry
Muffin

FRIDAY

MAIN COURSES

TINSEL & TREAT DAY

Beef Burger in a Bap
with Tomato Ketchup

SIDES

Sweetcorn
Tossed Salad

Chipped Potatoes
Steamed Rice

Crusty Bread

DESSERT

Christmas Cookie &
Sliced Oranges



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WEEK 3

BALLYKEEL NURSERY MENU

WEEK COMMENCING:

4th DECEMBER 2023

£2.50 PER DAY

MONDAY

MAIN COURSES

Golden Crumbed Fish
Fingers

SIDES

Baked Beans
Coleslaw

Chipped Potatoes
Mashed Potatoes

Sliced Baguette

DESSERT

Artic Roll with
Peaches & Pears

TUESDAY

MAIN COURSES

Italian Beef with Crusty
Roll

SIDES

Garden Peas
Salad

Homemade Diced
Potatoes

Garlic Bread Slice

DESSERT

Fresh Fruit Pot

WEDNESDAY

MAIN COURSES

CHRISTMAS DINNER



Roast Turkey
Stuffing, Gravy
Cocktail Sausages

SIDES

Baton Carrots
Garden Peas
Brussel Sprouts
Mashed Potatoes
& Roast Potatoes

DESSERT

Ice- Cream &
Christmas Cookie or
Christmas Pudding
& Custard

THURSDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

SIDES

Sweetcorn & Peppers
Tossed Salad

Steamed Rice
Homemade Potato Wedges

Garlic & Coriander Naan

DESSERT

Lemon Drizzle Cake &
Custard

FRIDAY

MAIN COURSES

Tasty Pork Sausages
Tomato Ketchup / Gravy

SIDES

Mini Corn on the Cob
Spaghetti Hoops

Chipped Potatoes
Mashed Potatoes

Wholemeal Bread

DESSERT

Decorated Fairy Cake



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WEEK 4

BALLYKEEL NURSERY MENU

WEEK COMMENCING:

11th DECEMBER 2023

£2.50 per day

MONDAY

MAIN COURSES

Beef Pasta Bolognaise
Grated Cheese

SIDES

Garden Peas

Oven Baked Potato
Wedges

Crusty Bread

DESSERT

Melon, Mandarin &
Pineapple Pots with
Yoghurt Dip

TUESDAY

MAIN COURSES

Ham & Cheese Pizza or
Pepperoni & Garlic Dip

SIDES

Sweetcorn & Peppers
Coleslaw

Chipped Potatoes
Baked Potato

Garlic Bread Bread

DESSERT

Jelly & Mandarin
Oranges

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry

SIDES

Green Beans

Steamed Rice

Garlic & Coriander Naan

DESSERT

Cornflake Tart
& Custard

THURSDAY

MAIN COURSES

Roast Gammon with
Stuffing & Gravy

SIDES

Broccoli & Turnip

Mashed Potatoes
Oven Roast Potato

Wholemeal Bread

DESSERT

Ice Cream, Pears
& Chocolate Sauce

FRIDAY

MAIN COURSES

PACKED LUNCH

SANDWICHES
HAM, CHEESE, TUNA

SIDES

VEGETABLE STICKS
CARROT, CUCUMBER,
PEPPERS

DESSERT

GINGER COOKIE &
APPLE JUICE CARTON

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL



EAT SMART WITH THE LUNCH BUNCH

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Week xxx

Week Commencing:
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MONDAY

MAIN COURSES

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DESSERT

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TUESDAY

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DESSERT

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WEDNESDAY

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THURSDAY

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DESSERT

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FRIDAY

MAIN COURSES

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DESSERT

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