



# EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE

BALLYKEEL NURSERY

£2.50 PER DAY

Served weeks commencing:

18<sup>th</sup> March 2024

## MONDAY

### MAIN COURSES

**SCHOOL  
CLOSED**

### SIDES

### DESSERT

## TUESDAY

### MAIN COURSES

Breaded Fish  
Lemon Mayo

### SIDES

Garden Peas  
Baked Beans

And

Chipped Potato  
Crusty Bread

### DESSERT

Raspberry Jelly &  
Two Fruits

## WEDNESDAY

### MAIN COURSES

Chicken Curry & Naan Bread

### SIDES

Diced Carrots &  
Green Beans

And

Steamed Rice

### DESSERT

Lemon Sponge & Custard  
Sliced Apples

## THURSDAY

### MAIN COURSES

Roast Gammon  
Stuffing & Gravy

### SIDES

Carrot & Parsnip  
Cauliflower Cheese

And

Mashed Potato  
Oven Roast Potato

### DESSERT

Pineapple Delight  
Fresh Watermelon Wedges

## FRIDAY

### MAIN COURSES

Hot Dog or Veggie Dog  
Tomato Ketchup

### SIDES

Spaghetti Hoops  
Mini Corn on the Cob

And

Chipped Potatoes  
Mashed Potatoes

### DESSERT

Ice-Cream, Raspberry Sauce  
Mandarin Oranges

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY



# EAT SMART WITH THE LUNCH BUNCH

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WEEK TWO

BALLYKEEL NURSERY

£2.50 PER DAY

Served weeks commencing:  
25<sup>th</sup> March 2024

## MONDAY

### MAIN COURSES

Golden Crumbed Fish Fingers

### SIDES

Baked Beans  
Garden Peas

And

Chipped Potatoes  
Baked Potato  
Wholemeal bread

### DESSERT

Homemade Flakemeal Biscuit  
Fresh Fruit Selection

## TUESDAY

### MAIN COURSES

Beef Ragu Italia

### SIDES

Sweetcorn & Peppers  
Coleslaw

And

Penne Pasta  
Salad  
Garlic Bread

### DESSERT

Mandarin Orange Sponge  
Custard & Sliced Apples

## WEDNESDAY

### MAIN COURSES

EASTER DINNER  
Roast Chicken  
Cocktail Sausages,  
Stuffing & Gravy

### SIDES

Garden Peas  
Baton Carrots

And

Mashed Potatoes  
Oven Roast Potato  
Wholemeal Bread

### DESSERT

ICE CREAM TUB  
EASTER COOKIE

## THURSDAY

### MAIN COURSES

SCHOOL  
CLOSES  
EARLY

NO  
BREAKFAST  
CLUB  
NO SCHOOL  
DINNER

## FRIDAY

### MAIN COURSES

SCHOOL  
CLOSED

### SIDES

### DESSERT



# EAT SMART WITH **THE LUNCH BUNCH**

ea catering

**WEEK THREE**

**BALLYKEEL NURSERY**

**£2.50 PER DAY**

Served week commencing:

**1<sup>st</sup> April 2024**

**MONDAY**

MAIN COURSES

**SCHOOL  
CLOSED**

**TUESDAY**

MAIN COURSES

**SCHOOL  
CLOSED**

**WEDNESDAY**

MAIN COURSES

**SCHOOL  
CLOSED**

**THURSDAY**

MAIN COURSES

**SCHOOL  
CLOSED**

**FRIDAY**

MAIN COURSES

**SCHOOL  
CLOSED**

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

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AVAILABILITY



# EAT SMART WITH THE LUNCH BUNCH

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WEEK FOUR

BALLYKEEL NURSERY

£2.50 PER DAY

Served week commencing:

8<sup>th</sup> April 2024

## MONDAY

### MAIN COURSES

SCHOOL  
CLOSED

## TUESDAY

### MAIN COURSES

SCHOOL  
CLOSED

## WEDNESDAY

### MAIN COURSES

SCHOOL  
CLOSED

## THURSDAY

### MAIN COURSES

Baked Pork Sausages  
Gravy

### SIDES

Baked Beans  
Garden Peas

And

Chipped Potato  
Baked Potato  
Wholemeal Bread

### DESSERT

Ice-Cream, Strawberry Sauce  
Two Fruits

## FRIDAY

### MAIN COURSES

Beef Burger in Bap OR  
Bean Burger in Bap  
Cheese & Ketchup

### SIDES

Mini Corn on the Cob  
Pasta Salad

And

Chipped Potato  
Homemade Potato Wedges

### DESSERT

Lemon Shortbread  
Melon Wedge

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

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MENU SUBJECT TO PRODUCT  
AVAILABILITY