

Ballykeel Primary Menu

£2.60 per day

school food

Try Something New today
www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|--|---|--|---|---|
| Week One 13.01.20 | Pasta Bolognaise Peas & Corn, Crusty Bread # Chilli Chicken Noodles Peas & Corn, Crusty Bread # Apple Sponge & Custard & Fruit | Chicken Curry, Rice, Sweetcorn & Naan Bread # Cheese & Tomato Pizza, sweetcorn & Diced Potato # Popcorn Cookie and Fruit | Baked Gammon Pineapple, Stuffing, Gravy Carrot & Cauliflower Oven Roast & Mashed Potatoes # Strawberry Yoghurt & Fresh Fruit | Oven Baked Fish Fingers Beans or Peas Mashed Potato # Chicken Wrap, Salad Diced Potato # Rice Pudding & Oranges | Beef Burger in Bap Cheese, Salad Chips or Mashed Potato # Vegetable Soup & Sandwiches # Ice Cream Tub & Fruit |
| Week Two 20.01.20 | Savoury Mince Broccoli & Carrots Mashed Potato # Macaroni Cheese Broccoli & Carrots # Fruit Square & Custard | Oven Baked Sausages Beans or Sweetcorn Mashed Potato # Chicken Fried Rice, Peas Curry Sauce & Naan # Custard & Fruit | Roast chicken, Stuffing, or Baked Salmon & Lemon Carrots, Turnip, Gravy Oven Roast & Mashed Potatoes # Fresf Fruit and Yoghurt | Pasta Twists Bolognaise Sauce Peas & Crusty Bread # Baked Potato, Coleslaw Beans, Cheese # Chocolate Sponge & Custard | Baked Fish & Lemon Peas & Parsley Sauce Chips or Mashed Potatoes # Chilli Chicken Wrap, Salad & Chips # Frozen Yoghurt & Fruit |
| Week Three 27.01.20 | Steak Burger ,Gravy Carrot ,Peas & Potato # Cheese & Tuna Melt Salad & Coleslaw # Lemon Sponge & Custard | Oven Baked Coddies Beans or Sweetcorn Mashed Potatoes # Lasagne, sweetcorn Salad & Wheaten Bread # Fresh Fruit & Yoghurt | Roast Pork Loin, Gravy Apple Sauce, Stuffing Parsnip & Carrots Oven Roast & Mashed Potatoes # Chocolate & Banana Muffin & Milkshake | Chicken Curry , Rice Sweetcorn & Naan Bread # Chicken & Cheese Melt Sweetcorn, Salad & Diced Potato # Yoghurt & Cookie & Fruit | <u>PARTY BUFFET</u> Sandwiches Cocktail Sausages Chicken Nuggets Carrot Sticks Tossed Salad # Ice Cream Tub & Fruit |
| Week Four 03.02.20 | Cheese & Tomato Pizza, Pepperoni Pizza, Peas Herb Dice Potatoes # Chicken Fried Rice, Peas Curry Sauce, Naan Bread # Custard, Fruit and Biscuit | Salmon Fish Cake Peas , Parsley Sauce Mashed potatoes # Cottage Pie & vegetables # Fresh Fruit & Yoghurt | Roast Chicken, Stuffing or Baked Salmon & Lemon Carrots , Broccoli, Gravy Oven Roast & Mashed potatoes # Strawberry Jelly & Fruit | Spaghetti bolognaise, Peas and crusty bread # Chicken Goujons, Sweetcorn & Diced Potato # Jaffa Sponge & Custard | Oven Baked Sausages, Beans or Sweetcorn and Chips or Mashed Potatoes # Chicken Noodle Stirfry # Frozen Yoghurt & Fruit |

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