



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK 1

BALLYKEEL PRIMARY
WEEK COMMENCING
23 October 2023
£2.60 PER DAY

MONDAY

MAIN COURSES

Savoury Mince

Or

Pasta Bolognese
& Garlic Bread

SIDES

Baton Carrots
Side Salad

Mashed Potato

White Bread

DESSERT

Banana Yoghurt Pot

TUESDAY

MAIN COURSES

Classic Margherita Pizza

Or

Fish Goujon in Soft Shell
Taco & Zingy Tomato
Salsa

SIDES

Baked Beans
Salad / Coleslaw

Chipped Potatoes
Baked Potato

Garlic Bread Slice

DESSERT

Strawberry Mousse
& Fruit

WEDNESDAY

MAIN COURSES

PACKED LUNCH

SANDWICHES

HAM, CHEESE, TUNA

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RICE KRISPIE SQUARE
APPLE JUICE CARTON
FRESH FRUIT TUB

SIDES

DESSERT

THURSDAY

MAIN COURSES

Roast Beef with
Stuffing & Gravy

Or

Chicken Casserole

SIDES

Carrots & Parsnip
Savoy Cabbage

Mashed Potatoes
Oven Roast Potato

Wholemeal Bread

DESSERT

Strawberry Jelly,
Ice Cream & Fruit

FRIDAY

MAIN COURSES

HALLOWEEN SPECIAL

HALLOWEENIES

(Hot Dogs)

ZOMBIE SLAW

(Coleslaw)

SIDES

DRACULAS DIP
(Tomato Ketchup)

WITCHES BROOM STICKS

(Chips)

DESSERT

SPOOKIE COOKIE &
ORANGE SLICES