

# Ballykeel Primary Menu

## £2.60 per day

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 28.09.20 <b>SAME</b> <b>DESSERT</b> <b>FOR</b> <b>HOT MEAL</b> <b>&amp; PACKED</b> <b>LUNCH</b>	<b><u>HOT MEAL</u></b> Fish Fingers, Beans / Peas Mashed Potato <b><u>PACKED LUNCH</u></b> Cheese Baguette, Tomato & Cucumber # Giant Popcorn Cookie Watermelon & Apple Juice	<b><u>HOT MEAL</u></b> Chicken Curry & Rice Peas & Corn, Naan Bread <b><u>PACKED LUNCH</u></b> Turkey Sandwich, Salad Pot # Chocolate Brownie Banana & Chilled Milk	<b><u>HOT MEAL</u></b> R. Chicken, Stuffing, Gravy Carrot & Turnip, Roast & Mash <b><u>PACKED LUNCH</u></b> Chilli Chicken Wrap & Cucumber Sticks # Strawberry Jelly Pot Orange Wedges & Water	<b><u>HOT MEAL</u></b> Savoury Mince, Carrots, Peas Mashed Potato <b><u>PACKED LUNCH</u></b> Chicken Tikka Wrap, Carrot Sticks # Strawberry Yoghurt, Melon & Milkshake	<b><u>HOT MEAL</u></b> <b><u>Buffet</u></b> Sandwiches, Sausages Pizza Slice, Tossed Salad <b><u>PACKED LUNCH</u></b> Slice Ham Bap, Salad Pot # Ice Cream Tub & Apple Apple Juice
<b>Week Three</b> 05.10.20 <b>SAME</b> <b>DESSERT</b> <b>FOR</b> <b>HOT MEAL</b> <b>&amp; PACKED</b> <b>LUNCH</b>	<b><u>HOT MEAL</u></b> Chicken Nuggets, Peas / Corn, Potato, Gravy or Sauce <b><u>PACKED LUNCH</u></b> Grated Cheese Baguette Carrot Sticks # Strawberry Muffin, Melon Apple Juice	<b><u>HOT MEAL</u></b> Baked Fish, Peas, Tomato Sauce, Mashed Potato <b><u>PACKED LUNCH</u></b> Chicken Sandwich, Salad Pot # Rice Pudding Pot, Oranges Chilled Water	<b><u>HOT MEAL</u></b> Roast Turkey, Stuffing, Gravy Carrots, Turnip, Roast & Mash <b><u>PACKED LUNCH</u></b> Ham & Cheese Bagel, Veggie Pasta Pot # Yoghurt & Peaches Orange Juice	<b><u>HOT MEAL</u></b> Pasta Bolognese, Corn, Peas, Garlic Bread & Cheese <b><u>PACKED LUNCH</u></b> Ham Sandwiches, Cucumber Sticks, # Chocolate Brownie, Melon Chilled Milk	<b><u>HOT MEAL</u></b> Sausages, Beans / Peas Chips & Curry Sauce <b><u>PACKED LUNCH</u></b> BBQ Chicken Wrap, Veggie Rice Pot # Fruit Smoothie, Mini Shortbread Chilled Water
<b>Week Three</b> 12.10.20 <b>SAME</b> <b>DESSERT</b> <b>FOR</b> <b>HOT MEAL</b> <b>&amp; PACKED</b> <b>LUNCH</b>	<b><u>HOT MEAL</u></b> Steak Burger in Onion Gravy Carrot, Peas & Potato <b><u>PACKED LUNCH</u></b> Tuna Wrap, Salad Pot # Date Krispie Finger Melon & Water	<b><u>HOT MEAL</u></b> Fish Fingers, Beans or Peas Mashed Potatoes <b><u>PACKED LUNCH</u></b> Ham & Cheese Muffin Veggie Pasta Pot # Chocolate & Banana Muffin Fruit & Chilled Milk	<b><u>HOT MEAL</u></b> R. Pork, Stuffing, Gravy Parsnip & Carrot, Potato <b><u>PACKED LUNCH</u></b> Chicken Baguette, Salad # Yoghurt & Sliced Apple Chilled Milkshake	<b><u>HOT MEAL</u></b> Chicken Curry & Rice Sweetcorn & Naan Bread <b><u>PACKED LUNCH</u></b> Chicken & Mayo wrap, Veg & Noodle Pot # Custard, Cookie & Fruit Apple Juice	<b><u>HOT MEAL &amp; P. LUNCH</u></b> <b>Sandwiches</b> <b>Cocktail Sausages</b> <b>Chicken Nuggets</b> <b>Carrot Sticks</b> <b>Tossed Salad</b> <b>Ice Cream Tub &amp; Fruit</b> <b>Orange Juice</b>
<b>Week Three</b> 19.10.20 <b>SAME</b> <b>DESSERT</b> <b>FOR</b> <b>HOT MEAL</b> <b>&amp; PACKED</b> <b>LUNCH</b>	<b><u>HOT MEAL</u></b> Pepperoni Pizza, Peas Herb Dice Potatoes <b><u>PACKED LUNCH</u></b> BBQ Chicken Wrap, Veggie Rice Salad # Yoghurt, Flakemeal Cookie Apple & water	<b><u>HOT MEAL</u></b> Salmon Fish Cake, Peas Parsley Sauce & Potato <b><u>PACKED LUNCH</u></b> Chicken Sandwiches Salad Pot # Rice Pot & Peaches Chilled Milk	<b><u>HOT MEAL</u></b> R. Chicken, Stuffing, Gravy Carrots Broccoli & Potato <b><u>PACKED LUNCH</u></b> Ham & Cheese Bagel, Carrot Sticks # Chocolate Cookie, Orange Wedges & Orange Juice	<b><u>HOT MEAL</u></b> Spaghetti Bolognese, Peas Garlic Bread, Cheese <b><u>PACKED LUNCH</u></b> Chicken & Mayo Baguette Cucumber Sticks # Jelly Pot & Mini Shortbread Melon & Chilled Milk	<b><u>HOT MEAL</u></b> Burger in Bap, Salad, Cheese Chips or Potato, & Sauce <b><u>PACKED LUNCH</u></b> Sliced Ham Bap, Salad Pot & Cheese # Popcorn Cookie, Apple Apple Juice

try something new today

**school  
food**

try something new today  
[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, salad, fruit,  
yoghurt, milk and  
water  
are available daily.**

If you require any  
additional information  
on allergens or  
special diet please  
contact the school in  
the first instance



