

Ballykeel Primary Menu

£2.60 per day

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 28.09.20 SAME DESSERT FOR HOT MEAL & PACKED LUNCH	<u>HOT MEAL</u> Fish Fingers, Beans / Peas Mashed Potato <u>PACKED LUNCH</u> Cheese Baguette, Tomato & Cucumber # Giant Popcorn Cookie Watermelon & Apple Juice	<u>HOT MEAL</u> Chicken Curry & Rice Peas & Corn, Naan Bread <u>PACKED LUNCH</u> Turkey Sandwich, Salad Pot # Chocolate Brownie Banana & Chilled Milk	<u>HOT MEAL</u> R. Chicken, Stuffing, Gravy Carrot & Turnip, Roast & Mash <u>PACKED LUNCH</u> Chilli Chicken Wrap & Cucumber Sticks # Strawberry Jelly Pot Orange Wedges & Water	<u>HOT MEAL</u> Savoury Mince, Carrots, Peas Mashed Potato <u>PACKED LUNCH</u> Chicken Tikka Wrap, Carrot Sticks # Strawberry Yoghurt, Melon & Milkshake	<u>HOT MEAL</u> <u>Buffet</u> Sandwiches, Sausages Pizza Slice, Tossed Salad <u>PACKED LUNCH</u> Slice Ham Bap, Salad Pot # Ice Cream Tub & Apple Apple Juice
Week Three 05.10.20 SAME DESSERT FOR HOT MEAL & PACKED LUNCH	<u>HOT MEAL</u> Chicken Nuggets, Peas / Corn, Potato, Gravy or Sauce <u>PACKED LUNCH</u> Grated Cheese Baguette Carrot Sticks # Strawberry Muffin, Melon Apple Juice	<u>HOT MEAL</u> Baked Fish, Peas, Tomato Sauce, Mashed Potato <u>PACKED LUNCH</u> Chicken Sandwich, Salad Pot # Rice Pudding Pot, Oranges Chilled Water	<u>HOT MEAL</u> Roast Turkey, Stuffing, Gravy Carrots, Turnip, Roast & Mash <u>PACKED LUNCH</u> Ham & Cheese Bagel, Veggie Pasta Pot # Yoghurt & Peaches Orange Juice	<u>HOT MEAL</u> Pasta Bolognaise, Corn, Peas, Garlic Bread & Cheese <u>PACKED LUNCH</u> Ham Sandwiches, Cucumber Sticks, # Chocolate Brownie, Melon Chilled Milk	<u>HOT MEAL</u> Sausages, Beans / Peas Chips & Curry Sauce <u>PACKED LUNCH</u> BBQ Chicken Wrap, Veggie Rice Pot # Fruit Smoothie, Mini Shortbread Chilled Water
Week Three 12.10.20 SAME DESSERT FOR HOT MEAL & PACKED LUNCH	<u>HOT MEAL</u> Steak Burger in Onion Gravy Carrot, Peas & Potato <u>PACKED LUNCH</u> Tuna Wrap, Salad Pot # Date Krispie Finger Melon & Water	<u>HOT MEAL</u> Fish Fingers, Beans or Peas Mashed Potatoes <u>PACKED LUNCH</u> Ham & Cheese Muffin Veggie Pasta Pot # Chocolate & Banana Muffin Fruit & Chilled Milk	<u>HOT MEAL</u> R. Pork, Stuffing, Gravy Parsnip & Carrot, Potato <u>PACKED LUNCH</u> Chicken Baguette, Salad # Yoghurt & Sliced Apple Chilled Milkshake	<u>HOT MEAL</u> Chicken Curry & Rice Sweetcorn & Naan Bread <u>PACKED LUNCH</u> Chicken & Mayo wrap, Veg & Noodle Pot # Custard, Cookie & Fruit Apple Juice	<u>HOT MEAL & P. LUNCH</u> Sandwiches Cocktail Sausages Chicken Nuggets Carrot Sticks Tossed Salad Ice Cream Tub & Fruit Orange Juice
Week Three 19.10.20 SAME DESSERT FOR HOT MEAL & PACKED LUNCH	<u>HOT MEAL</u> Pepperoni Pizza, Peas Herb Dice Potatoes <u>PACKED LUNCH</u> BBQ Chicken Wrap, Veggie Rice Salad # Yoghurt, Flakemeal Cookie Apple & water	<u>HOT MEAL</u> Salmon Fish Cake, Peas Parsley Sauce & Potato <u>PACKED LUNCH</u> Chicken Sandwiches Salad Pot # Rice Pot & Peaches Chilled Milk	<u>HOT MEAL</u> R. Chicken, Stuffing, Gravy Carrots Broccoli & Potato <u>PACKED LUNCH</u> Ham & Cheese Bagel, Carrot Sticks # Chocolate Cookie, Orange Wedges & Orange Juice	<u>HOT MEAL</u> Spaghetti Bolognaise, Peas Garlic Bread, Cheese <u>PACKED LUNCH</u> Chicken & Mayo Baguette Cucumber Sticks # Jelly Pot & Mini Shortbread Melon & Chilled Milk	<u>HOT MEAL</u> Burger in Bap, Salad, Cheese Chips or Potato, & Sauce <u>PACKED LUNCH</u> Sliced Ham Bap, Salad Pot & Cheese # Popcorn Cookie, Apple Apple Juice

try something new today



**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



