

# **The Jigsaw Project**

Dear Ballykeel parents,

We hope that this note finds everyone well during these challenging times. We wanted to let you know that even though school is not running as normal at the moment, Jigsaw staff are still available to children and families.

We appreciate that you may be experiencing increased stress and worry at this time. As a parent there is a lot to juggle; the demands of work and home learning, financial pressures, changes in your children's behaviours, e.g. tearfulness, withdrawn, acting out, lack of social contact with friends and family.....

We are here to offer a listening ear, with advice and support if needed. If there is anything we can help you with please get in touch via email, call or text.

Lori: [lorraine.erwin@barnardos.org.uk](mailto:lorraine.erwin@barnardos.org.uk)

Mob: 07880 781892

Victoria: [victoria.mcginley@barnardos.org.uk](mailto:victoria.mcginley@barnardos.org.uk)

Mob: 07712 547481

***Warmest wishes,  
The Jigsaw Team***