

Ballykeel Primary - Choice Menu

£2.60 per day



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 24 th Oct	Spaghetti Bolognese Or Margherita Pizza ~ Potato Salad, Tossed Salad Herb Potato Wedges, Crusty Bread ~ Raspberry Ripple Ice Cream Watermelon Chunks	Chicken Goujons Or Chicken & Vegetable Stir Fry ~ Sweetcorn & Peppers Mashed Potato or Chilli Wedges ~ Fresh fruit Selection & Fresh Yoghurt	Breast of Chicken Curry Steamed Rice & Naan Bread Or Chilli Chicken Panini ~ Tossed salad / Coleslaw/ Garden Peas ~ Chocolate & Pear Sponge Warm Vanilla Custard	Roast Loin of Pork Or Baked Salmon, Lemon Wedge ~ Traditional Stuffing /Gravy Carrot / Parsnip/ Broccoli Oven Roast & Mashed Potato ~ Popcorn Cookie, Pear Slices & Black Grapes	HALLOWEEN MENU Goblins Fingers (Sausages) Crispy Piranha Stix (Fish Bites) Zombies Eyeballs (Beans) Eyes of Newt (Peas) Monster Mash (Potato) Witches Broomsticks (Chips) ~ Zombie Slime (Jelly) I - Scream 😊😊
WEEK 2 7 th Nov National School Meals Week	Oven Baked Sausages Or Homemade Chilli Chicken & Vegetable Noodles ~ Baked Beans / Baton Carrots Salad Selection Mashed Potatoes ~ Arctic Roll & Sliced Peaches	Breaded Fish Fillet, Parsley Sauce Or Lasagne & Crusty Bread ~ Broccoli & Turnip Asian Slaw, Tossed Salad Mashed Potato ~ Pineapple Chunks & Frozen Yoghurt	Chicken Tikka & Steamed Rice Naan Bread Or Chicken & Cheese Panini & Baked Potato ~ Garden Peas & Corn Tossed Salad ~ Apple Sponge & Warm Vanilla Custard	Roast Breast of Chicken Or Baked Salmon, Lemon Wedge ~ Traditional Stuffing / Gravy Savoy Cabbage /Diced Carrots Oven Dry Roast Potato & Mashed Potato ~ Chocolate Brownie, Raspberry Milkshake & Fresh Fruit	Steak Burger & Bap Or French Bread Pizza ~ Tossed Salad Coleslaw Chips Sweet Potato Wedges ~ Flakemeal Biscuit & Fresh Fruit Chunks
WEEK 3 14 th Nov Anti - Bullying Week	Breast of Chicken Curry Steamed Rice & Naan Bread Or Sweet Chilli Chicken & Cheese Filled Baked Potato ~ Garden Peas & Sweetcorn Salad Selection ~ Frozen Yoghurt & Fresh Fruit Selection	Baked Fish Fingers Or Irish Stew & Wheaten Bread ~ Baked Beans / Tossed Salad Diced Carrots Mashed Potato ~ Swiss Roll & Fresh Fruit	Roast Gammon Or Baked Salmon, Lemon Wedge ~ Traditional Stuffing / Gravy Savoy Cabbage /Diced Carrots Oven Dry Roast Potato & Mashed Potato ~ Rice Pudding & Melody Of Fruit	Breaded Chicken Goujons Or Spicy Chicken in a Warm Tortilla Wrap, Garlic Dip ~ Pasta Salad, Corn & Peppers Homemade Chilli Wedges Homemade Tomato Sauce ~ Vanilla Ice Cream, Pears, & Chocolate Sauce	Steak Burger with Bap Or Vegetable Pasta Bake ~ Tossed Salad / Coleslaw Chips / Baked Potato ~ Shortbread Biscuit & Fresh Fruit Chunks
WEEK 4 21 st Nov	Spaghetti Bolognese Crusty Bread Or Tuna & Sweetcorn Wrap Baked Potato & Cheese ~ Carrots & Corn / Tossed Salad ~ Honey Dew Melon Wedges & Ginger Cookie	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna/Ham) Fish Bites Pizza Fingers Cocktail Sausages Carrot & Pepper Sticks & Dip ~ Fruit Muffin & Milkshake	Breast of Chicken Curry Steamed Rice & Naan Bread, Or Savoury Mince ~ Garden Peas Mashed Potato ~ Jaffa Sponge & Custard	Roast Beef Or Baked Salmon, Lemon Wedge ~ Traditional Stuffing, Gravy Cauliflower Cheese Diced Carrots, Oven Roast & Mashed Potato ~ Chocolate Brownie & Banana	Breaded Chicken Bites Or Chicken and Cheese Panini ~ Tossed Salad / Coleslaw Baked Beans Chips / Baked Potato ~ Jelly, Ice Cream & Fresh Fruit

Bread
Milk, Water
Salad
Fresh Fruit
& Yoghurt
Available Daily

If you require any
additional
information on
Allergens or
Special Diets,
please contact the
School to
complete a
Special Diets
Application Form,

THIS FORM MUST
BE COMPLETED
BEFORE YOUR
CHILD RECIEVES A
SCHOOL MEAL

Menu choices subject to deliveries

