

Ballykeel Primary Menu

£2.60 per day

**school
food**

Try Something New today
www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 30.09.19	Pasta Bolognaise Peas & Corn, Crusty Bread # Chilli Chicken Noodles Peas & Corn, Crusty Bread # Apple Sponge & Custard & Fruit	Chicken Curry, Rice, Sweetcorn & Naan Bread # Cheese & Tomato Pizza, sweetcorn & Diced Potato # Popcorn Cookie and Fruit	Baked Gammon Pineapple, Stuffing, Carrots & Cauliflower Parsley Sauce or Gravy Oven Roast & Mash Potato # Fresh Fruit and Yoghurt	Fish Fingers, Beans or Peas, Chips or Mashed Potatoes # Chicken Wrap, Salad, Chips # Rice Pudding & Oranges	Homemade Vegetable Soup and Crusty Bread # Beef Burger in Bap, Tossed Salad & Pasta Salad or Chicken Baguette & Salad # Ice cream Tub and Fruit
Week Two 7.10.19	Baked Fish & Lemon Peas & Corn, parsley Sauce, Mashed Potato # Chicken curry, rice & peas Naan Braed # Fresh fruit and yoghurt	Pasta Twists, Bolognaise Sauce & Crusty Bread # Baked Potato, Coleslaw, Salad & Cheese # Steamed Chocolate Sponge and Custard	Roast chicken, Stuffing, Carrots, Turnip, Gravy Oven Roast & Mashed potatoes # Fresh Fruit and Yohurt	Savoury Mince, Broccoli, Diced Carrots Mashed Potatoes # Macaroni cheese & Carrot # Fruit krispie Square and Custard	Oven Baked Sausages, Beans or sweetcorn Chips or Mashed Potatoes # Chilli Chicken Wrap, Salad & Chips # Frozen Yoghurt & Fruit
Week Three 14.10.19	Fish fingers, Peas, Salad, Chips & Mashed Potato # Lasagne, Peas, Salad Chips & Crusty Bread # Lemon Sponge & Custard	Steak Burger Beans or Sweetcorn Mashed Potato # Chicken Carbonara, Peas # Fresh Fruit & Yoghurt	Roast Pork Loin, Gravy Apple Sauce, Stuffing Parsnip & Carrots Oven Roast & Mashed Potatoes # Chocolate & Banana Muffin & Milkshake	Chicken Curry, Rice Sweetcorn & Naan Bread # Chicken or Cheese Panini, Sweetcorn, Salad & Diced Potatoes # Yoghurt & Fresh Fruit	Buffet :- Sandwiches Cocktail Sausages Chicken Nuggets Carrot Sticks Tossed Salad # Ice Cream Tub, Fruit and Apple Juice
Week Four 21.10.19	Cheese & Tomato Pizza, Pepperoni Pizza, Peas Herb Dice Potatoes # Chicken Fried Rice, Peas Curry Sauce, Naan Bread # Custard, Fruit and Biscuit	Salmon Fish Cake Peas, Parsley Sauce Mashed potatoes # Cottage Pie & vegetables # Fresh Fruit & Yoghurt	Roast Chicken, Stuffing Carrots, Broccoli, Gravy Oven Roast & Mashed potatoes # Strawberry Jelly & Fruit	Spaghetti bolognaise, peas and crusty bread # Chicken goujons, sweetcorn & diced potato # Jaffa Sponge & Custard	Oven Baked Sausages, Beans or Sweetcorn and Chips or Mashed Potatoes # Chicken Noodle Stirfry # Ice- Cream & Fruit

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