Ballykeel Primary Menu

£2.60 per day

	Monday	Tuesday	Wednesday	Thursday	Friday
	Pasta Bolognaise	Chicken Curry, Rice,	Baked Gammon	Oven Baked Fish Fingers	Beef Burger in Bap
Week One	Peas & Corn, Crusty Bread	Sweetcorn & Naan Bread	Pineapple, Stuffing,	Beans Or Peas	Cheese, Salad
4.11.19	#	#	Carrots & Cauliflower	Mashed Potatoes	Chips or Mashed Potatoes
	Chilli Chicken Noodles	Cheese & Tomato Pizza,	Parsley Sauce or Gravy	#	#
	Peas & Corn, Crusty Bread	sweetcorn & Diced Potato	Oven Roast & Mash Potato	Chicken Wrap, Salad,	Vegetable Soup &
	#	#	#	Diced Potato	Sandwiches
	Apple Sponge & Custard	Popcorn Cookie		#	#
	& Fruit	and Fruit	Fresh Fruit and Yoghurt	Rice Pudding & Oranges	Ice cream Tub and Fruit
	Savoury Mince	Baked Fish & Lemon	Roast chicken, Stuffing,	Pasta Twists,	Oven Baked Sausages,
Week Two	Broccoli & Carrots	Peas & Corn, Parsley	or Baked Salmon & Lemon	Bolognaise Sauce	Beans or sweetcorn
11.11.19	Mashed Potato	Sauce, Mashed Potato	Carrots, Turnip, Gravy	Peas & Crusty Bread	Chips or Mashed Potates
Anti	#	#	Oven Roast &	#	#
Bullying	Macaroni Cheese	Chicken Fried Rice, Peas	Mashed Potatoes	Baked Potato, Coleslaw	Chilli Chicken Wrap, Salad
Week	Broccoli & Carrots	Curry Sauce & Naan	#	Beans & Cheese	& Chips
	#	#		#	#
	Fruit Square & Custard	Blancmange & Fruit	Fresf Fruit and Yoghurt	Chocolate Sponge & Custard	Frozen Yoghurt & Fruit
	Fish fingers, Peas, Salad,	Steak Burger	Roast Pork Loin, Gravy	Chicken Curry, Rice	Buffet :- Sandwiches
Week Three	Chips & Mashed Potato	Beans or Sweetcorn	Apple Sauce, Stuffing	Sweetcorn & Naan Bread	Cocktail Sausages
18.11.19	#	Mashed Potato	Parsnip & Carrots	#	Chicken Nuggets
	Lasagne, Peas, Salad	#	Oven Roast &	Chicken or Cheese Panini,	Carrrot Sticks
	Chips & Crusty Bread	Chicken Carbonara, Peas	Mashed Potatoes	Sweetcorn, Salad &	Tossed Salad
	#	#	#	Diced Potatoes	#
	Lemon Sponge & Custard	Fresh Fruit & Yoghurt	Chocolate & Banana	#	Ice Cream Tub, Fruit
			Muffin & Milkshake	Yoghurt & Fresh Fruit	Apple Juice
	Cheese & Tomato Pizza,	Salmon Fish Cake	Roast Chicken, Stuffing	Spaghetti bolognaise,	Oven Baked Sausages,
Week Four	Pepperoni Pizza, Peas	Peas , Parsley Sauce	or Baked Salmon & Lemon	Peas and crusty bread	Beans or Sweetcorn and
25.11.19	Herb Dice Potatoes	Mashed potatoes	Carrots , Broccoli, Gravy	#	Chips or Mashed Potatoes
	#	#	Oven Roast &	Chicken Goujons,	#
	Chicken Fried Rice, Peas	Cottage Pie & vegetables	Mashed potatoes	Sweetcorn & Diced Potato	Chicken Noodle Stirfry
	Curry Sauce, Naan Bread	#	#	#	#
	#				
	Custard, Fruit and Biscuit	Fresh Fruit & Yoghurt	Strawberry Jelly & Fruit	Jaffa Sponge & Custard	Ice- Cream & Fruit



Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



try Something New today