## Health Fair

Women 'r' Us is an event focusing on all aspects of women's health.

Pupils are welcome to bring along significant female adults within their lives (Mummy, Granny, Sisters or Aunties).



There will be some fun activities for the girls – A Shopkins Swap, an exercise activity station and Princess Hair Plaiting station.



## Stall holders include -

- Ballykeel Pharmacy, health checks
- The Recovery College
- Parenting NI
- Cancer Focus, Sun Safety
- A healthy eating information point
- A local Health Visitor, focusing on Breastfeeding support
- An activity station for adults
- A nail and hand massage bar ······AND MORE!

## Wednesday March 29<sup>th</sup>, 2 - 3pm ·······Nursery - P3

3 - 4pm ·····P4 - P7

Hope to see you there, Linda

