## **Ballykeel Primary Menu**

## **£2.60 per day**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL Buffet
02.11.20	Sausages, Peas, Carrots	Chicken Curry & Rice	R. Chicken, Stuffing, Gravy	Savoury Mince, Carrots,	Fish Fingers, Beans
SAME	Mashed Potato & Gravy	Peas & Corn, Naan Bread	Carrot & Turnip, Roast & Mash	Peas & Mashed Potato	Peas & Chips
DESSERT	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH
FOR	Cheese Baguette,	Ham Sandwiches,	Chilli Chicken Wrap	Chicken Sandwiches	Ham & Cheese Bagel
HOT MEAL	Pasta salad #	Salad Pot #	Cucumber Sticks #	Carrot Sticks #	Salad Pot #
& PACKED	Giant Popcorn Cookie	Chocolate Brownie	Strawberry Jelly Pot	Strawberry Yoghurt,	Ice Cream Tub & Apple
LUNCH	Oranges & Apple Juice	Banana & Chilled Milk	Orange Wedges & Water	Melon & Milkshake	Apple Juice
Week Three	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL
09.11.20	Chicken Nuggets, Peas /	Baked Fish, Peas, Tomato	Roast Turkey, Stuffing, Gravy	Pasta Bolognaise, Corn,	Sausages, Beans / Peas
SAME	Corn, Potato, Gravy or Sauce	Sauce, Mashed Potato	Carrots, Turnip, Roast & Mash	Peas, Garlic Bread & Cheese	Chips & Curry Sauce
DESSERT	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH
FOR	Ham Bagel	Chicken Sandwich,	Cheese sandwich	Ham Sandwiches,	BBQ Chicken Wrap,
HOT MEAL	Carrot Sticks #	Salad Pot #	Veggie Pasta Pot #	Cucumber Sticks, #	Savoury Rice Pot #
& PACKED	Strawberry Muffin, Melon	Rice Pudding Pot, Oranges	Yoghurt & Peaches	Chocolate Brownie, Melon	Fruit Smoothie, Shortbread
LUNCH	Apple Juice	Chilled Water	Orange Juice	Chilled Milk	Chilled Water
Week Three	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL & P. LUNCH
16.11.20	Steak Burger in Onion Gray	Fish Fingers, Beans or Peas		Chicken Curry & Rice	Sandwiches
SAME	Carrot, Peas & Potato	Mashed Potatoes	Parsnip & Carrot, Potato	Sweetcorn & Naan Bread	Cocktail Sausages
DESSERT	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	Chicken Nuggets
FOR	Ham Wrap, Salad Pot	Chicken Sandwiches &	Cheese Bagel, Salad	Chicken & Mayo wrap	Carrot Sticks
HOT MEAL	#	Veggie Pasta Pot #	#	Veg & Noodle Pot #	Cucumber Sticks
& PACKED	Date Krispie Finger	Chocolate & Banana Muffin	Yoghurt & Sliced Apple	Custard , Cookie & Fruit	Ice Cream Tub & Fruit
	Melon & Water	Fruit & Chilled Milk	Chilled Milkshake	Apple Juice	Orange Juice
Week Three	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL	HOT MEAL
23.11.20	Pepperoni Pizza, Peas	Salmon Fish Cake, Peas	R. Chicken, Stuffing, Gravy		Burger in Bap, Salad, Cheese
SAME	Herb Dice Potatoes	Parsley Sauce & Potato	Carrots Broccoli & Potato	Garlic Bread & Cheese	Chips or Potato, & Sauce
DESSERT	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH
FOR	Ham & Cheese Bagel	Chicken Sandwiches	Cheese sandwich	Chicken & Mayo Baguette	Sliced Ham Bap,
HOT MEAL	Rice Salad #	Salad Pot #	Carot Sticks #	Cucumber Sticks #	Salad Pot #
& PACKED	Yoghurt, Flakemeal Cookie		Chocolate Cookie ,Orange	Jelly Pot & Mini Shortbread	Popcorn Cookie, Apple
LUNCH	Apple & water	Chilled Milk	Wedges & Orange Juice	Melon & Chilled Milk	Apple Juice

try Something New today



Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



